



November 2012

Ticket-2-Kick It

Name: _____

Phone #: _____

Email Address: _____

*Fill this half of the Ticket-2-Kick It form out and give it to your server to be placed in the drawing to win a \$25 Mama J's Gift Certificate!
Drawing will be pulled four times this month.*

Encouraging healthy eating habits to STOP Diabetes!

The fight to **STOP** Diabetes begins with YOU!

Mama J's x American Diabetes Association
November is National Diabetes Awareness Month and to honor Mama J's customers for ordering off of our special health conscious menu, customers will be entered into a Ticket-2-Kick It drawing—pulled 4 times this month—to win a \$25 Mama J's Gift Certificate.

With an estimated 53,000 individuals affected by Diabetes in the Richmond Area who don't even know it. We invite you to join the fight to STOP Diabetes by encouraging healthy eating habits.

Join the American Diabetes Association of Greater Richmond!
Volunteer and/or Donate to help STOP Diabetes:
(804) 225.8038 ext. 3287 Ncastrina@diabetes.org
Keep This Half



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