



November 2012

Ticket-2-Kick It

Name: _____

Phone #: _____

Email Address: _____

*Fill this half of the Ticket-2-Kick It form out and give it to your server to be placed in the drawing to win a \$25 Mama J's Gift Certificate!
Drawing will be pulled four times this month.*

Encouraging healthy eating habits to STOP Diabetes!

The fight to **STOP** Diabetes begins with YOU!

Mama J's x American Diabetes Association
November is National Diabetes Awareness Month and to honor Mama J's customers for ordering off of our special health conscious menu, customers will be entered into a Ticket-2-Kick It drawing—pulled 4 times this month—to win a \$25 Mama J's Gift Certificate.

*With an estimated 53,000 individuals affected by Diabetes in the Richmond Area who don't even know it. We invite you to join the fight to **STOP** Diabetes by encouraging healthy eating habits.*

Join the American Diabetes Association of Greater Richmond!
Volunteer and/or Donate to help STOP Diabetes:
(804) 225.8038 ext. 3287 Ncastrina@diabetes.org
Keep This Half



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